



Gold Duke of Ed Adventurous Journey Blue Mountains National Park BM4G Katoomba Loop via Six Foot Track - 68km: 4 days / 3 nights

SUPERVISORS

Supervisors are qualified in First Aid, have Working with Children clearance and carry emergency communication equipment.

MEETING PLACE

Katoomba Station
Goldsmith Place
Katoomba NSW 2780
(GPS: -33.711864, 150.311328)

On the Katoomba (south) side of the station, just after exiting the pedestrian tunnel, are some shops with a covered area. The first shop on the right is Café Espresso, the next one is Aussie Tours Travel Centre. We will meet out the front of here

MEETING TIME: 9:00am

ITINERARY

Day 1: Nellies Glen (Katoomba) to Coxs River Campground

18kms. Grading: hard
Grid reference of Campsite: 386 628

Meet at Katoomba station then head to Norths Lookout, West of the station. The track is made up of steep steps and occasionally crosses small sections of creek. The track turns West then SW to meet the Bowtells Swing Bridge. A pretty cool bridge that bounces and swings as you cross it.

Cox's River Campsite provides a shelter, water (rain tank or creek - treat before drinking either), picnic tables, toilet and a flat grassed camping area with excellent access to the river.

Day 2: Coxs River to Black Range Campground

19km. Grading: hard
Grid reference of Campsite: 266 611

From the shelter, this walk heads up the hill, parallel with the creek and the large power lines above. The track passes through two minor creeks and heads uphill, to turn steeply left around a spur, then passing a stockyard (Kiangatha Yards) on the right. From the Black Range Rd intersection, this walk heads north-west down the hill to follow parallel to the power lines. The large intersection is signmarked with 'Six Foot



Track' markers. The track leads for approximately 100m to a large fenced camping ground on the right with a shelter and toilet facilities - Black Range Camping Area.

The well-maintained campsite has table, shelter, toilets, rainwater tank and information boards. The campsite is a large fenced grassy area. The tank water should be treated before use

Day 3: Black Range to Alum Creek Campground

12.8km. Grading: medium

Grid reference of Campsite: **350 607**

From Black Range Campsite you will head back the way you came on day 2. It's a good idea to look back on day 1 and 2 to make it easier for your back tracking on day 3 and 4. Head SE along Black Range Road until you reach the large intersection heading NE. As you zig zag in every direction you will come across Alum Creek Camping ground.

Signposted as 'Alum Creek Reserve', this flat grassy area, off the side of Glen Chee Road (part of the six foot track), is the quietest of the three official campsites on the Six Foot Track. There are no facilities provided but the flat campsite is in a well-protected valley and Little River down the road is a fairly reliable water supply (needs treating before use).

Day 4: Alum Creek to Nellies Glen (Katoomba)

18kms. Grading: medium to hard.

Grid reference of Campsite:

Start your day out heading North towards Cox's river. Pass past your first campsite and along the Cox river before heading through the private paddocks. Remember the few creek crossings and to fill your water up for the journey back to Norths lookout and into Katoomba.

END POINT

Katoomba Station

Goldsmith Place

Katoomba NSW 2780

(GPS: -33.711864, 150.311328)

END TIME: approx. 4pm

We recommend you use public transport to travel to and from your adventurous journey. We have designed this route specifically for this purpose. Check <http://www.transportnsw.info/> for train times to Sydney Central.

If your parents are collecting you, please ask them to be punctual. You can contact them on the guide's mobile if we are going to arrive a long way ahead or behind schedule.

DRINKING WATER

We recommend drinking 3 litres of water per day plus 1 litre to cook with at night. 1 litre of water weighs 1 kg. Please keep this in mind when packing. After the first day you should adjust this up or down depending on your water intake.



Creek water should be available every day, but this is never certain. Creek water should be treated before drinking, see briefing notes for more details.

Creek Crossing

Creek crossings occur every day but the water level should be low enough to keep your feet dry. We do not anticipate high water on this hike but will keep you informed leading up to your journey and your hiking supervisors will make decisions on creek crossings in the field.

TOILETS

Toilets are available at 2 of the 3 campsites. Your waste will need to be buried appropriately 100m away from campsites or water sources on the last campsite or when hiking.