



Bronze Duke of Ed Adventurous Journey

Great North Walk – Sydney

GNW2B Hornsby to Mt Ku-ring-gai - 22km: 2 days / 1 night

SUPERVISORS:

Supervisors are qualified in First Aid, have Working with Children clearance and carry emergency communication equipment.

MEETING PLACE:

Hornsby Station
Station St
Hornsby NSW 2077
GPS: -33.703666, 151.097773

There is a grassy area just outside the western side of the station. We will meet here in fine weather. If it is raining please meet under the walkway that crosses the train line at the station, near the ticket windows.

MEETING TIME: 9:00am

ITINERARY:

Day 1: Hornsby Station to Crosslands Campsite

(GPS coordinates of campsite: -33.625684, 151.113721)
16km. Grading: easy to moderate, some hard

This is a long day, although not too difficult. We will stop for lunch at Galston Gorge, approximately half way. Water can be refilled here when the creek is flowing, but will need to be purified.

Crosslands is a grassy expanse on Berowra Creek with flushing toilets, drinking water and open fires allowed. Swimming is permitted on open hikes. (School policy applies on school specific hikes).

Day 2: Crosslands to Mt Ku-ring-gai

6km. Grading: easy to moderate, some hard.

We won't rush to leave in the morning after the long first day. We'll refill water in the morning and walk to Mt Ku-ring-gai Station up the Lyrebird Gully Track.



END POINT:

Mount Kuring-Gai Station
Pacific Hwy
Mount Kuring-Gai, NSW 2080.
GPS -33.653543, 151.136920

END TIME: Approx. 1pm.

We recommend you use public transport to travel to and from your adventurous journey. We have designed this route specifically for this purpose. Check <http://www.transportnsw.info/> for train times to Sydney Central.

If your parents are collecting you, please ask them to be punctual. You can contact them on the guide's mobile if we are going to arrive a long way ahead or behind schedule.

DRINKING WATER:

We recommend drinking a minimum of 2 litres of water per day plus 1 litre to cook with at night. 1 litre of water weighs 1 kg. Please keep this in mind when packing. After the first day you should adjust this up or down depending on your water intake.

Tap water is available on both days and we can refill from a creek in the middle of Day 1. Creek water should be treated before drinking, see briefing notes for more details.

CREEK CROSSINGS:

A creek crossing occurs on the first day but the water level should be low enough to keep your feet dry. We do not anticipate high water on this hike but will keep you informed leading up to your journey and your hiking supervisors will make decisions on creek crossings in the field.

TOILETS:

Flush toilets are available at our campsite on the first night. At all times toilet waste must be buried and you will need to bring a trowel for this purpose.