



## Bronze Duke of Ed Adventurous Journey

### Royal National Park, Sydney

## RNP4B Heathcote Loop, via Kingfisher Pool - 22.5kms, 2 days/1 night

### **SUPERVISORS:**

Supervisors are qualified in First Aid, have Working with Children clearance and carry emergency communication equipment.

### **MEETING PLACE:**

Heathcote Station  
Princes Highway  
Heathcote NSW 2233  
GPS: -34.088203, 151.008019

We will meet on the western, Princes Highway, side of the station (northbound platform), beside the large car park.

**MEETING TIME:** 9:00am

### **ITINERARY:**

#### **Day 1: Heathcote to Kingfisher Pool, via Uloola Falls and Waterfall**

(GPS coordinates of campsite: -34.126277, 150.977828)

14km. Grading: moderate, some medium.

We will follow the Karloo Track east from Heathcote past Karloo Pools to Uloola Falls, where we will stop for morning tea. Continuing along the Uloola Track through Waterfall we'll join the Bullawarring Track that will take us to our campsite at Kingfisher Pool, stopping for lunch along the way. Swimming at Kingfisher Pool is permitted.

#### **Day 2: Kingfisher Pool to Heathcote, via Mirang Pools.**

8.5km. Grading: moderate, some medium.

The track heads northwest from our campsite and joins the Pipeline Track (management trail) at Battery Causeway. We'll stop for early lunch at Mirang Pools before meeting the Friendly Track that will take us to Heathcote.

### **END POINT: (same as Meeting Place)**

Heathcote Station  
Princes Highway  
Heathcote NSW 2233  
GPS: -34.088203, 151.008019

We will finish on the western, Princes Highway, side of the station (northbound platform), beside the large car park.

**END TIME:** approx. 1pm.

We recommend you use public transport to travel to and from your adventurous journey. We have designed this route specifically for this purpose. Check <http://www.transportnsw.info/> for train times to Sydney Central.



If your parents are collecting you, please ask them to be punctual. You can contact them on the guide's mobile if we are going to arrive a long way ahead or behind schedule.

**DRINKING WATER:** We recommend drinking 3 litres of water per day plus 1 litre to cook with at night. 1 litre of water weighs 1 kg. Please keep this in mind when packing. After the first day you should adjust this up or down depending on your water intake.

Tap water will be available near the end of day 1. We anticipate creek water being available both days, but this is never certain. Creek water should be treated before drinking, see briefing notes for more details.

**CREEK CROSSINGS:** Creek crossings occur on both days and you may get wet feet on Day 1. We do not anticipate high water on this hike but will keep you informed leading up to your journey and your hiking supervisors will make decisions on creek crossings in the field.

**TOILETS:** Both Heathcote and Waterfall stations have flushing toilets. A composting toilet is available at our campsite and lunch on Day 1, bring your own toilet paper. At all other times toilet waste must be buried and you will need to bring a trowel for this purpose.

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