



Bronze Duke of Ed Adventurous Journey

Blue Mountains

BMIB Katoomba loop via Ruined Castle - 28km: 2 days / 1 nights

Mt Solitary side trip – no packs: up to 6kms return

SUPERVISORS:

Supervisors are qualified in First Aid, have Working with Children clearance and carry emergency communication equipment.

MEETING PLACE:

Katoomba Station
Goldsmith Place
Katoomba NSW 2780
(GPS: -33.711864, 150.311328)

On the south-western side of the station, just after exiting the pedestrian tunnel, are some shops with a covered area. The first shop on the right is Café Espresso, the next one is Aussie Tours Travel Centre. We will meet out the front of here.

MEETING TIME: 9:00am

ITINERARY:

Day 1: Katoomba Station to Ruined Castle, via Three Sisters

(GPS coordinates of campsite: -33.759361, 150.290265)
14km. Grading: mostly easy, some hard

Walk from the station through Katoomba to the Three Sisters at Echo Point where we'll have an awesome view of the Jamison Valley that will be our home for the next two days. We will point out the Ruined Castle that will be tonight's camp and Mt Solitary that we will partially climb on Day 2. Descending The Giant Stairway behind the Three Sisters we'll enter the valley itself and follow the valley floor west to our campsite. We will take a steep 1km excursion without packs to the Ruined Castle rock formation in the afternoon.

There is tank water (must be treated) and a composting toilet at this campsite. Open fires are permitted, although cooking should be done on gas stoves.



Day 2: Ruined Castle to Katoomba Station, via Three Sisters

14km. Grading: mostly easy, some hard
(14km. Ruined Castle to Katoomba Station)
Mt Solitary side trip – no packs: up to 6kms return

We'll start the day with an optional partial ascent of Mt Solitary, without packs. This excursion will have a set turnaround time, rather than a physical destination. We will enjoy the breathtaking views from the ridge approaching the mountain before returning to camp to collect our gear for the return to the Three Sisters and Katoomba.

END POINT:

Katoomba Station
Goldsmith Place
Katoomba NSW 2780
(GPS: -33.711864, 150.311328)

END TIME: Approx. 2pm

We recommend you use public transport to travel to and from your adventurous journey. We have designed this route specifically for this purpose. Check <http://www.transportsw.info/> for train times to Sydney Central.

If your parents are collecting you, please ask them to be punctual. You can contact them on the guide's mobile if we are going to arrive a long way ahead or behind schedule.

DRINKING WATER:

We recommend drinking at 2 - 3 litres of water per day plus 1 litre to cook with at night. 1 litre of water weighs 1kg. Please keep this in mind when packing. After the first day you should adjust this up or down depending on your water intake.

We anticipate creek and tank water being available on both days, but this is never certain. Creek and tank water should be treated before drinking, see briefing notes for more details.

CREEK CROSSINGS:

Creek crossings occur on both days and all crossings have bridges. We do not anticipate high water on this hike but will keep you informed leading up to your journey and your hiking supervisors will make decisions on creek crossings in the field.

TOILETS:

Composting toilets are available at our campsite and flushing toilets are available at Echo Point (Three Sisters). At all times toilet waste must be buried and you will need to bring a trowel for this purpose.