



Gold Duke of Ed Adventurous Journey

Blue Mountains

BM3G Katoomba loop via Jamison Valley – 48km: 4 days / 3 nights

SUPERVISORS:

Supervisors are qualified in First Aid, have Working with Children clearance and carry emergency communication equipment.

MEETING PLACE:

Katoomba Station
Goldsmith Place
Katoomba NSW 2780
(GPS: -33.711864, 150.311328)

On the Katoomba (south) side of the station, just after exiting the pedestrian tunnel, are some shops with a covered area. The first shop on the right is Café Espresso, the next one is Aussie Tours Travel Centre. We will meet out the front of here.

MEETING TIME: 9:00am

ITINERARY:

Day 1: Katoomba Station to Ruined Castle Campsite

(GPS coordinates of campsite: -33.758771, 150.292804)
14km. Grading: mostly easy, some hard.

The first part of this day is walking through Katoomba to reach the Three Sisters at Echo Point. From here we have an awesome view of the Jamison Valley that will be our home for the next four days. We'll look at the Ruined Castle that will be tonight's camp and Mt Solitary that we will traverse on Day 2. Descending The Giant Stairway behind the Three Sisters we'll enter the valley itself and continue to our campsite. There is tank water (must be treated) and a composting toilet at this campsite.

Day 2: Ruined Castle to Kedumba River Campsite

(GPS coordinates of campsite: -33.801038, 150.364284)
11km. Grading: hard.

Today is a short day in distance but involves steep ascents and descents as we traverse the full length of Mt Solitary. We will enjoy the breathtaking views from atop the mountain and descend into our riverside campsite where we can refill our water (water must be treated) and swim in the river. There are composting toilets at the campsite.



Day 3: Kedumba River to Leura Creek

(GPS coordinates of campsite: -33.749931, 150.329395)

15km Grading: moderate, some hard.

We'll make our way out of the Kedumba Valley towards the towering cliffs of Kings Tableland before turning back towards Katoomba. We'll cut back cross the Jamison Valley via The Sublime Point Fire Trail and camp beside Leura Creek. We can refill our water (water must be treated) in the creek. There are no toilets at this campsite.

Day 4: Leura Creek to Katoomba Station

8km Grading: easy, some hard.

All that is left to complete your journey through the Jamison Valley is to walk back up to the top! As steep climb in the morning followed by a leisurely stroll through Katoomba back to the station.

END POINT:

Katoomba Station
Goldsmith Place
Katoomba NSW 2780
(GPS: -33.711864, 150.311328)

END TIME: approx. 2:30pm

We recommend you use public transport to travel to and from your adventurous journey. We have designed this route specifically for this purpose. Check <http://www.transportnsw.info/> for train times to Sydney Central.

If your parents are collecting you, please ask them to be punctual. You can contact them on the guide's mobile if we are going to arrive a long way ahead or behind schedule.

DRINKING WATER: We recommend drinking 3 litres of water per day plus 1 litre to cook with at night. 1 litre of water weighs 1kg. Please keep this in mind when packing. After the first day you should adjust this up or down depending on your water intake.

We anticipate creek or tank water being available every day, but this is never certain. Water from creeks or tanks should be treated before drinking, see briefing notes for more details.

CREEK CROSSINGS: A creek crossing occurs on day 2 entering camp and you will get wet feet. We do not anticipate high water on this hike but will keep you informed leading up to your journey and your hiking supervisors will make decisions on creek crossings in the field.

TOILETS: Composting toilets are available at our campsites on the first and second nights. At all times toilet waste must be buried and you will need to bring a trowel for this purpose.